

EASA CAT.GEN.MPA.175(b)

psychological Assessment

The psychological assessment under EASA CAT.GEN.MPA.175(b) is a vital process designed to safeguard aviation safety. It evaluates a pilot's mental fitness to ensure they can perform their duties without posing any risks to flight safety. This assessment goes beyond basic checks— it delves into cognitive, emotional, and behavioral aspects, identifying any potential psychological challenges that could compromise the safety of a flight. It's a fascinating intersection of psychology and aviation, where each evaluation plays a crucial role in preventing incidents and ensuring that pilots are fully prepared to handle the demands of their role with confidence and clarity.

mentalaviators®

Our Team

WE LIVE MENTAL-HEALTH-ASSESSMENT AND TRAINING

Florian Doerrstein



Aviationpsychologist
Commercial Pilot Fixed Wing and Helicopter
Supervised Assessor
Mental-Health-Specialist
pos.Psychology (M.A.)
Bachelor Psychology (eq.)
pos. Psychology: Diploma of advanced Studies
Dipl. Verwaltungswirt (FH) – Bachelor of Public Administration
Commercial Pilot
CRM-Trainer
Member of E.A.A.P. (European Association of Aviation Psychology)
Member of DGLP (Deutsche Gesellschaft für Luft- und Raumfahrtpsychologie – German Association for Aviation and Space Psychology)

Thorge Siess



Commercial Pilot Helicopter
Pilot on Rescue Helicopter (HEMS)
former Military Pilot (Bw)
CRM & ACRM Trainer
Human Factors Assessor (Bw)
Master in Education (Pedagogy)
Member of E.A.A.P (European Association of Aviation Psychology)
mental-health-specialist



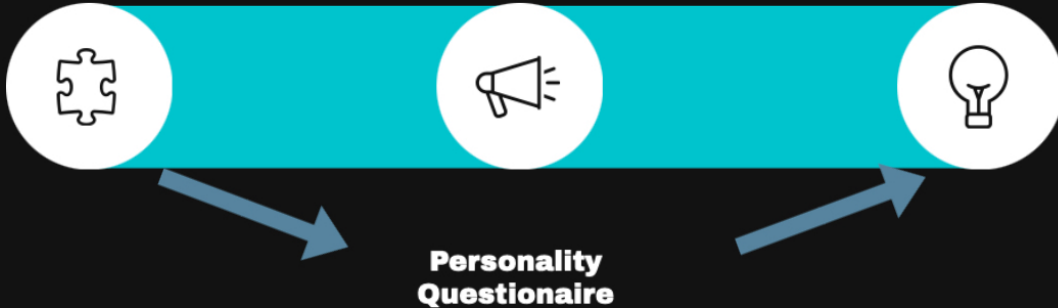
ROADMAP TIMELINE

ADAPT Test

We use computer-based assessments with EASA-validated Symbiotics® software because it ensures accurate, standardized evaluations of cognitive and psychological skills. This advanced technology provides reliable, data-driven insights, crucial for assessing a pilot's readiness and safety in real-world scenarios.

Interview

The interview at the end allows us to gain deeper insights into the candidate's personality, clarify questionnaire results, and assess how they handle direct questions, ensuring a comprehensive evaluation of their psychological fitness for flight duties.



We use a personality questionnaire to identify traits that affect a pilot's ability to handle stress and make decisions, ensuring they are fit to maintain flight safety.

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Duration of Computer-based Test: 3-4h

The computer-based test takes 3-4 hours, allowing for a thorough and detailed assessment of the candidate's cognitive and psychological abilities.



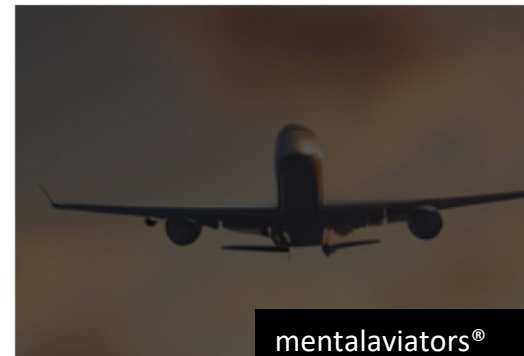
Time to fulfill the Test: at least 3 days

The test process requires at least 3 days to ensure a comprehensive and accurate evaluation of all necessary aspects.



Interview: about 1h

The interview lasts about 1 hour and provides an opportunity to explore the candidate's responses in greater depth. It allows for personalized insights and ensures a well-rounded assessment of their psychological fitness.



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